

Better Bladder & Prostate Well-Being Tonic

Contents

- Man Vine Root
- Balsam Bark
- Corn Silk

Properties

- Anti- septic to urinary tract
- Removes mucous from kidney or bladder
- Improves sexual performance & stamina in men
- Relieves prostate swelling
- Clears prostate of accumulated debris
- Promotes circulation to sexual organs
- Chronic urinary tract infections (not acute)

Indications

- Erectile dysfunction
- Impotence
- Benign Prostatic Hyperplasia (BPH)
- Kidney or bladder infection
- Dysuria (painful urination)
- Prostatitis (not acute & infectious)
- Kidney or bladder stones (not acute or infectious)
- Peyronies Disease- blocked ureters

Dose

1 dropperful/ 3x daily in 4oz tepid water for 30 days. Take dosage before meals for one week, repeat monthly for three months

Erectile dysfunction over 50 years of age: take for 30 days as above

Poor sperm morphology: take as above with Blood Tonic

BPH: one 2-ounce bottle every two to three months (please check in with primary healthcare practitioner on a routine basis).

~When finishing the bladder and prostate tonic rounds one might notice an increase in erectile function, this is common and okay, it's the body finding homeostasis.

Side Effects

-In some cases of hyperacidity, urine may become darker, copious with a strong odor. This is evidence of detoxification & will disappear within days. Increase water intake is required until symptoms pass.

Note

-May react with cortisone or Cortisol products.

- If taking other medications, allow 4 hours between taking bladder/prostate tonic and other meds.
- There may be a temporary increase in bowel outlet for 24 hours.
- Increase water consumption for 48 hours should the urine appear cloudy.

*** 1 dropperful means tincture bottle top, the glass piece, is full. If you're unable to get the glass piece full in one measure (which is common), allow glass piece to suck up as much liquid as possible then put contents in your cup of water and refill the glass piece of tincture to appropriate dose needed to equal 1 dropperful.*

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If at anytime you've questions or concerns, please contact me via call, text or email.

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If there's an *Emergency*, please call 911

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