

Blood Tonic

Contents

China Root (a.k.a “Cats Claw”)
Mexican Wild Yam

Properties

- Provides iron in an easily assimilated, organic form improving hemoglobin production
- Aids kidney in blood detoxification
- Assists to eliminate harmful acids from the system
- Eases pain, inflammation of rheumatism & arthritis
- Provides multiple minerals in organic, natural form
- Acts as an anti- inflammatory
- High in minerals
- Acts as a buffer for the acid base balance system

Indications

Rheumatism, arthritis, rheumatoid arthritis, anemia, fatigue, gout, toxic blood, inflammation, allergic reactions, fibromyalgia

Dose

1- 5 years old: 5 drops in half glass of tepid water 3x daily

5- 10 years old: 10 drops in half glass tepid water 3x daily

Young adults: 15 drops in half glass of tepid water 3x daily

Adults: 1 dropper- full in half glass tepid water 3x daily

For older adults, people with disability, weakened or chronic health conditions: start with one-half the adult dose and adjust as needed based on the response.

** * Use in conjunction with Uterific Tonic in cases of heavy menses. If symptoms are acute or persistent, dosages can be taken up to one every hour. * **

Side Effects

In some cases of hyperacidity, urine may become darker, more copious & have a strong odor. This is evidence of detoxification & will disappear within days. Increased water intake is urged until symptoms pass.

Contraindications

May react with cortisone products, hormone replacement therapy, birth control pills, hormonal products, and blood thinners.

Special Notes

- Safe in pregnancy after 20 weeks. No known adverse reactions in breast- feeding.
- Suitable for aging pets with arthritis- place a dropper full in water once daily or add to wet food.
- One practitioner reports her client on dialysis takes Blood Tonic to help with sweet cravings.

If at any time you've questions or concerns, please contact me via call, text, or email.

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If there's an *Emergency*, please call 911.

Rusty Moon Botanicals
Return to the Earth