The action of all FemiMist spritzers & roll- ons is to protect, nourish & clear your system in subtle & profound ways. Oh, & they smell good!

A simple and effective for day-to-day space, spirit, and session mending. These lustrous misty waters are made with prayer, organic essential oils, and moon water.

## FemiMist Bird Song Spritzer

Bringing people together to experience the strength & value of community.

People in need of cedarwood may struggle to form bonds within social groups. Often due to over- developed sense of individuality. Rather than allowing community, family, friends to support them, they live in excessive self-reliance.

Flip side is an individual's challenge forming social roots stemming from feeling disconnected/ separate from humxn family.

Cedarwood inspires feeling of belonging & assists the heart in opening to receive love & support from others. This invites the strong-willed individual to couple the strength of individuality with the supportive power of community. Life is a shared experience.

Created this for grounding purposes but through use found it shines a community light on a solo bird. Especially when that bird is trying to re- home or find a new way of being home. Cedar offers home to their winged friends within a community of diverse, dense trees.

## Ingredients

Organic Virginian Cedarwood~ Red Cedar of Eastern states & SE Canada. Cedarwood atlantica (Cedarwood Atlas), native to Atlas Mtns of Morocco & Algeria.

Notes

Woodsy, peppery, dry

## Uses for FemiMist spritzers ::

Clearing space, clearing body & auric field, altar work, clients often report spritzing their bedding & pillows & receiving positive results like more easeful rest or easeful avenue to get to rest/ dreamworld.

Shake & spritz.

## Uses/ Ingredients for FemiMist roll- ons ::

May use directly on skin. Apply it behind ears, neck, at wrists, the axillary (underarms), over heart, solar plexus, belly.

Organic avocado oil & same organic essential oils as FM spritzers

Avoid FemiMist spritzing or using FemiMist roll- ons directly over eyes, in nose, or directly on genitalia due to organic but potent essentials oil compounds.

Rusty Moon Botanicals Return to the Earth