

The action of all FemiMist spritzers & roll- ons is to protect, nourish & clear your system in subtle & profound ways. Oh, & they smell good!  
A simple and effective for day-to-day space, spirit, and session mending. These lustrous misty waters are made with prayer, organic essential oils, and moon water.

### FemiMist Breath of Life Spritzer

Breath of Life translated in the Hawaiian language is “Aloha.” This FemiMist is named for memories living on the big island of Hawaii, vetiver farms of Maui. Aloha is the exchange of life force through the breath. The “ha” of Aloha depicts the first breath & our final breath on this plane. Two doorways of life’s spectrum: being born & transitioning into the next realm~ change form.

FemiMist Breath of Life assists in being more rooted in life, heart opening & releasing grief via the lungs. Helps us find relief from emotional pain but not through avoidance. It reminds me of earthiness, of going within, of embodiment via our shadow journey to discover our greater light.

Enlivens the physical cells to soil. Wakes one to their interconnectedness between the body & land, wild plants & stars, humxns & our animal friends.

#### Ingredients

Salvia officinalis or culinary sage, *Vetiveria zizanioides* from Maui & N. India

#### Notes

Warm, woody, earthy sweet

#### Uses for FemiMist spritzers ::

Clearing space, clearing body & auric field, altar work, clients often report spritzing their bedding & pillows & receiving positive results like more easeful rest or easeful avenue to get to rest/ dreamworld.

Shake & spritz.

#### Uses/ Ingredients for FemiMist roll- ons ::

May use directly on skin. Apply it behind ears, neck, at wrists, the axillary (underarms), over heart, solar plexus, belly.

Organic avocado oil & same organic essential oils as FM spritzers

*Avoid FemiMist spritzing or using FemiMist roll- ons directly over eyes, in nose, or directly on genitalia due to organic but potent essentials oil compounds.*

*Rusty Moon Botanicals  
Return to the Earth*