

FemiMist House Salt Scrub
Pink Himalayan Sea Salt & Dead Sea Salt

This first essence was created in 2015 for clearing rooms & humxns during sessions, especially spirit tending work.

Remedy inspires comfort, warmth, clarity & support.

Mineral Salts provide an array of trace minerals that nourish the cellular system & skin. Body absorbs nutrients while simultaneously exfoliating dead skin cells.

Increase cellular metabolism & renewal, helping to increase moisture retention & bring products further into the skin to be more effective due to exfoliation.

Often sea salts from the Earth contain bromide which eases muscle cramps, are anti-inflammatory, ph balancing & detoxifying.

Medicated Oils of Periwinkle & Damiana in organic avocado oil
Periwinkle

Damiana Leaf; *Turnera diffusa*

A wild shrub that grows in Mexico, C. America, West Indies & South Africa (Namibia)
Benefits of Damiana Leaf anti-depressant, generally, believed to be an aphrodisiac.
boosting and maintaining mental and physical stamina. Damiana contains chemicals that may positively affect the brain and nervous system.

Periwinkle; *Vinca minor* (Lesser Periwinkle) & *Vinca rosea* (Madagascar Periwinkle)
found in Greater Europe & Madagascar

Benefits of Periwinkle astringent, infections, inflammation, relieves insect bites & wasp stings.

Essential oils of Ylang ylang, clary sage, cypress

Potent remedy for heart, reconnect an individual with the child self & pure, simple ways of heart. It assists in accessing intuition or "heart knowing." Heart in its intuitive way of receiving info is an essential part of the soul.

Emo addressed: joylessness, overstressed, grief, sadness, loss of a loved one, disconnected from inner- child.

Gives courage to see the truth dispels limiting beliefs. Helps restore balance between light & dark, conscious & subconscious, day & night. Often lends to energetic protection in the nighttime. Teaches the soul how to let go of the past by moving with the flow of life. Guides the spirit in how to use its divinely given gifts & is esp. helpful in clarifying spiritual vision.

Caution: Be mindful that the oil will stick to shower & bath surfaces making it slick upon exiting & for the next use. I recommend rinsing basin immediately after using salt scrub to avoid slipping.

Rusty Moon Botanicals
Return to the Earth