

FemiMist Indigo Child Salt Scrub
Pink Himalayan Sea Salt & Dead Sea Salt Sea Salt

Mineral Salts provide an array of trace minerals that nourish the cellular system & skin. Body absorbs nutrients while simultaneously exfoliating dead skin cells.

Increase cellular metabolism & renewal, helping to increase moisture retention & bring products further into the skin to be more effective due to exfoliation.

Often sea salts from the Earth contain bromide which eases muscle cramps, are anti-inflammatory, ph balancing & detoxifying.

Medicated Oils of Periwinkle & Damiana in organic avocado oil
Periwinkle

Damiana Leaf; *Turnera diffusa*

A wild shrub that grows in Mexico, C. America, West Indies & South Africa (Namibia)
Benefits of Damiana Leaf anti-depressant, generally, believed to be an aphrodisiac.
boosting and maintaining mental and physical stamina. Damiana contains chemicals that may positively affect the brain and nervous system.

Periwinkle; *Vinca minor* (Lesser Periwinkle) & *Vinca rosea* (Madagascar Periwinkle)
found in Greater Europe & Madagascar

Benefits of Periwinkle astringent, infections, inflammation, relieves insect bites & wasp stings.

Essential oils of Patchouli, grapefruit, bergamot

Essence of self- acceptance & self-love, relieving feelings of despair, self- judgement & low self-esteem via physical embodiment. Being fully present grounds & stabilizes the individual when they wish to escape via spiritual pursuits or other distractions. Embodiment calms fears & nervous tension & allows a deeper relationship to inner child that encourages a positive relationship with our physical needs. Full circle, a renewed confidence & understanding to our roots is born.

Drawn to create this essence to reestablish my relationship with my younger self. The one who loved & wore Patchouli in middle school until a few years after college graduation & massage school. A reminder that Patchouli aided me to embrace my quirky self. It began a trek along a road to knowing, understanding & eventually celebrating who I am within the underpinnings of the onion layers. Grateful & privileged to be drawn to the earthy roots of soul.

Caution:: Be mindful that the oil will stick to shower & bath surfaces making it slick upon exiting & for the next use. I recommend rinsing basin immediately after using salt scrub to avoid slipping.

Rusty Moon Botanicals
Return to the Earth