

The action of all FemiMist spritzers & roll- ons is to protect, nourish & clear your system in subtle & profound ways. Oh, & they smell good!  
A simple and effective for day-to-day space, spirit and session mending. These lustrous misty waters are made with prayer, organic essential oils, and moon water.

### FemiMist Indigo Child Spritzer

Essence of self- acceptance & self-love, relieving feelings of despair, self- judgement & low self-esteem via physical embodiment. Being fully present grounds & stabilizes the individual when they wish to escape via spiritual pursuits or other distractions. Embodiment calms fears & nervous tension & allows a deeper relationship to inner child that encourages a positive relationship with our physical needs. Full circle, a renewed confidence & understanding to our roots is born.

Drawn to create this essence to reestablish my relationship with my younger self. The one who loved & wore Patchouli in middle school until a few years after college graduation & massage school. A reminder that Patchouli aided me to embrace my quirky self. It began a trek along a road to knowing, understanding & eventually celebrating who I am within the underpinnings of the onion layers. Grateful & privileged to be drawn to the earthy roots of soul.

#### Ingredients

Patchouli, grapefruit, bergamot

#### Notes

Smoky, sweet, earth, citrus

#### Uses for FemiMist spritzers ::

Clearing space, clearing body & auric field, altar work, clients often report spritzing their bedding & pillows & receiving positive results like more easeful rest or easeful avenue to get to rest/ dreamworld.

Shake & spritz.

#### Uses/ Ingredients for FemiMist roll- ons ::

May use directly on skin. Apply it behind ears, neck, at wrists, the axillary (underarms), over heart, solar plexus, belly.

Organic avocado oil & same organic essential oils as FM spritzers

*Avoid FemiMist spritzing or using FemiMist roll- ons directly over eyes, in nose, or directly on genitalia due to organic but potent essentials oil compounds.*

*Rusty Moon Botanicals  
Return to the Earth*