

FemiMist Move that Lymph! Salt Scrub
Pink Himalayan Sea Salt & Dead Sea Salt Sea Salt

Mineral Salts provide an array of trace minerals that nourish the cellular system & skin. Body absorbs nutrients while simultaneously exfoliating dead skin cells.

Increase cellular metabolism & renewal, helping to increase moisture retention & bring products further into the skin to be more effective due to exfoliation.

Often sea salts from the Earth contain bromide which eases muscle cramps, are anti-inflammatory, ph balancing & detoxifying.

Medicated Oils of Periwinkle & Damiana in organic avocado oil
Periwinkle

Damiana Leaf; *Turnera diffusa*

A wild shrub that grows in Mexico, C. America, West Indies & South Africa (Namibia)
Benefits of Damiana Leaf anti-depressant, generally, believed to be an aphrodisiac. boosting and maintaining mental and physical stamina. Damiana contains chemicals that may positively affect the brain and nervous system.

Periwinkle; *Vinca minor* (Lesser Periwinkle) & *Vinca rosea* (Madagascar Periwinkle)

found in Greater Europe & Madagascar

Benefits of Periwinkle astringent, infections, inflammation, relieves insect bites & wasp stings.

Essential oils of Peru Balsam, Ho Wood, Fennel

Strengthens sense of Self by breaking unhealthy emotional patterns & ushers in peace with an unconditional love & empathy; nourishes warmth. Essences in this blend assists individuals in entering a healing mode or cleansing state by first preparing the mind for shifts.

Created for moving through stagnation, especially for the transitional seasons, spring & autumn.

Helps to create space to move what's working against our highest potential out & welcome those things that inspire within us. Allowing us to shine inside outward.

Caution:: Be mindful that the oil will stick to shower & bath surfaces making it slick upon exiting & for the next use. I recommend rinsing basin immediately after using salt scrub to avoid slipping.

Rusty Moon Botanicals
Return to the Earth