

Jackass Bitters/ Flu Away

Contents

Jackass Bitters
Garlic
Cayenne Pepper

Properties

Anti- microbial, anti- viral, anti- cholera, anti- fungal, anti- ringworm
Anti- candida, vaginal infections

Indications

flu, colds, minor infections sore throats, sinus congestion, athletes foot, skin fungus, candida

Dosage

- Children: May be too peppery and bitter for the very young
- Older Children: One dropperful in a mouthful of juice and follow with water 3x daily
- Adults: One dropperful three daily in half glass (4oz) tepid water
- **For flu and colds:** 1 dropperful in half glass tepid water or juice every two hours until symptoms abate. Start taking as soon as symptoms are noted. If symptoms persist, increase dosage frequency up to one dose every 30 minutes.
- **Candida:** 1 dropperful in half glass tepid water or juice three times daily for three to six months.
- **Douche:** add 3 dropperfuls to container; douche twice daily.

Contraindications

Infancy up to one year of age

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If at anytime you've questions or concerns, please contact me via call, text or email.

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If there's an *Emergency, please call 911*

Rusty Moon Botanicals
Return to the Earth