## Nourishing Nettle Salve

# organic, garden grown & wild foraged

This salve is ideal for winter & garden hands. Earth elements like wind & dirt can erode skin's barrier function~ drying out skin. This sappy salve supports the epidermis & base inter- cellular lipids.

Originally, I created Baby on Board, a balm for pregnant people experiencing skin itchiness due to increase blood production, sometimes blood stagnation & hormonal changes~ skin stretching; particularly the first few months of baby's growth. The balm reduced & soothed the itch.

More & more I was receiving word that people dealing with mysterious skin rashes & irritations also felt great relief from using the balm. Their rashes & skin inflammation was reducing & disappearing over a few weeks.

## Enjoy for::

- added moisture during the fall & spring (transitional seasons)
  - post gardening
  - a quality belly rub for pregnant & postpartum periods
    - &/or relief from blood stagnation
- relieves discomfort due to hemorrhoids & fissures during the childbearing years & beyond
  - Tinea cruris (jock itch)

### Ingredients

Immortelle (helps heal dermal skin layer), nettle (soothes irritation, itchiness), comfrey (physically calms & auric ally smooths), medicinal plants infused in avocado oil. Added shea butter, beeswax, organic essential oils of immortelle (& sometimes rosewood)

#### Avoid

Nipple area during chest/breast feeding phase due to the organic essential oils contained within the salve

For topical use only

Rusty Moon Botanicals Return to the Earth