

## Rough Hand Balm

For hands that do handy work, or hands that are weathered or experiencing seasonal dryness.

### Ingredients

Immortelle & elderflower infused avocado oil, comfrey infused avocado oil & damiana infused avocado oil, shea butter, beeswax, organic essential oils of; ho wood, juniper berry, ylang ylang & hydrosols of; rose, ylang ylang, frankincense

*all ingredients are organic, wild foraged &/or garden grown*

### *Generally, about Balms v Salves*

a balm typically contains more medicated herbal oils & beeswax than a salve. So, a salve has a softer texture than a balm. Like a lip balm, A hand balm, is stiffer & absorbs more efficiently & deeply into the skin due to the beeswax. In addition, beeswax allows the healing properties of medicated oils to stick to the skin for optimal absorption of herbal benefits.

*May apply this balm topically to hands, feet, elbows, face, & more!*

*Rusty Moon Botanicals  
Return to the Earth*