

SageHeart anointing oil
Wild foraged Sage
Artemisia papposa (SE Idaho) & *Artemisia tridentata* (Central WA)

A topical anointing oil & FemiMist spritzer

The nourishing & transformative wild Sage is in the Aster family and used traditionally in many Native American & First Nation cultures. A purgative, sage is a guide for clearing space and bringing light.

Like its sibling, Mugwort; *Artemisia Suksdorfii* (local to WA state), Sage can alter and assist in opening new possibilities, aligning your vision, creating ritual, cracking old habits that no longer serve & sprouting through the other side with wisdom from growth.

Physically, Sage is an antispasmodic, helping to relax & aromatically soothe the central nervous system.

Often, I apply this anointing oil over my heart, on temples, wrists, solar plexus. Anywhere externally on the body I feel called. In my experience it acts as a protective netting around the auric field. Sage's blue green hue aligns with the most protective color, blue, to effectively protect my energetic & physical system. Place it on yourself if you know there's a challenging day like an event or speaking with someone about boundaries. Or if you feel discombobulated, post a stressful event.

Also offering;

S. Seattle Garden Grown
Southwest White Sage
Laminacea Salvia apiana

Laminacea Salvia apiana medicinal qualities are similar to above Artemisia papposa & Artemisia tridentata medicinal qualities

Rusty Moon Botanicals
Return to the Earth