## Soothing Face Serum

## Helichrysum italicum Immortelle or Helichrysum

### Benefits

Supports repair & production of collagen & elastin in dermal layer Powerhouse of a plant with antioxidants, bioflavonoids, hydration & soothing properties. A flowering plant in the daisy family.

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# Elderflower Sambucus nigra

### Benefits

Contains bioflavonoids & vitamins that plump skin & encourage new skin growth Astringent properties that tighten & smooth the skin & minimize pores Overall creating skin softness & suppleness

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I had a fascinating conversation in the mountains of Corsica in August 2019 with two brothers who owned a local essential oil company. One of the brothers was passionately talking about how the plant immortelle actually isn't native to Corsica, it grows all over in Italy & elsewhere. By scientific research Corsican Immortelle is the only immortelle that contains the activated molecule (stored in the fragrance) that amplifies the reduction + repairing of scar tissue. This medicinal quality also helps with bruising.

Whether it's Corsican immortelle or otherwise,

I continue to see a boost in healing with immortelle facial serums & infused castor oils.

So inspired by the immortelle plant, I created an infused immortelle castor oil. Handpicked while on the beach in Corsica a handful of years ago. I now infuse the whole immortelle plant (bought from a reputable source, rather than handpicked) into castor oil & this face serum.

## Ingredients

Avocado oil is the facial serum base; hydrating & soothing, antioxidant & bioflavonoid properties.

Essential oil of Corsican immortelle essential oil bought from the brothers or essential oil of Palmarosa is added.

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### Usage

Typically, immortelle infused facial oil is used on a freshly cleansed face, prior to face cream application, day & night.

May also use it as a nourishing body oil, 15 minutes prior bath or shower

May add the 1oz potent bottle to larger bottle (4- 6oz) of your favorite food grade raw, organic oils of sesame (not toasted) or avocado, to stretch product use.

for external, topical application only

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